

# ST EDMUND'S PARISH

St Edmund's  
Bungay NR35 1AX

St Thomas More  
Harleston IP20 9HH



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## THIS WEEK



### **Saturday 18 June**

5.30pm Confessions,  
Bungay (or by  
appointment)  
6.30pm Mass

### **Sunday 19 June**

9am Harleston  
10.30am Bungay - First  
Holy Communions

### **Monday 20 June**

No Mass

### **Tuesday 21 June**

9.15am Mass Bungay

### **Wednesday 22 June**

**Ss John Fisher and  
Thomas More**  
9.15am Mass Harleston

### **Thursday 23 June**

12 noon Mass followed  
by 30 minutes'  
Eucharistic Adoration

### **Friday 24 June**

**St John the Baptist**  
9.15am Mass Bungay

### **Saturday 25 June**

5.30pm Confessions,  
Bungay (and on request)  
6.30pm pm Vigil Mass,  
Bungay

## **NEWSLETTER SUNDAY 19 JUNE 2022 CORPUS CHRISTI (C)**

**Response to the Psalm:** You are a priest for ever, a priest like Melchizedek of old  
**Gospel Acclamation:** *Alleluia, alleluia! I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever. Alleluia!*

**NEWSLETTER:** Paper copies of the newsletter are intended for those without internet access. Please read it online when possible.

**FAMILY MASS:** Next Sunday 26 June.

### **FIX THE FOOD SYSTEM Week 4**

Pope Francis exhorts us to "feed the world today, without compromising the future."

As we have seen, the use of chemical fertilisers and pesticides is causing great harm. But there are alternative ways to produce food for the world, such as:

- Organic farming. This uses natural fertilisers such as compost, manure and bone meal. Pests and weeds are controlled by techniques such as crop rotation, which protects bio-diversity at all levels.
- Permaculture. This is a system based on an understanding of how nature works and applying its patterns to food growing methods. Its underlying principles are care for the earth, care for people, and sharing what is produced fairly.

**DAY FOR LIFE:** This year the focus is on caring for and valuing the elderly. Funds raised from the second collection this Sunday will assist with various Day for Life initiatives, which focus on upholding the dignity of every human life from conception to natural death. Please do support this work in any way you feel able. For more information and to donate online, see here: <https://www.cbcew.org.uk/df122/>

**PRAYERS FOR THE SICK AND HOUSEBOUND:** Bridget Brown, Wendy Brown, Mary Fitzpatrick, Michael Lewis, Elizabeth Linfield, Rita Needs, Ann Smith, Neva Valori, Katy Wakely

**GREEN TIP:** Create a tree-free home:

- replace paper napkins with cloth napkins
- replace paper towels with a special set of cloth towels/napkins (or cut up old t-shirts for great towels) - just wash and reuse
- use bleach-free, 100% post-consumer recycled toilet paper
- if you print documents, print on once-used paper
- switch to a digital organiser for tracking your to do and grocery lists.
- reuse envelopes, wrapping paper, the front of gift cards (as postcards) and other paper materials you receive wherever possible
- read books, magazines, and newspapers from your local library or online
- create and use note pads from once-used paper
- leave messages for family members/room-mates on a reusable message board
- make your own cards/letters from once-used products or handmade paper or buy at thrift stores